

# “A case for healthier living”

## WELL Building Standard

Sir Robert McAlpine and Mott McDonald were delighted to host 30 AUDE members and guests at the prestigious Broadgate development in January. Together, we discussed the WELL Agenda and gauged views on its benefits, barriers to delivery and means of implementation via short surveys.

### What is the Well Agenda?

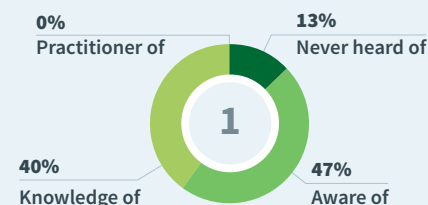
Launched in 2014, WELL is a benchmarking system for health and wellbeing. There are ten concepts: Air, Water, Nourishment, Light, Movement, Thermal Comfort, Sound, Materials, Mind and Community. There are three levels of certification: Silver, Gold and Platinum.

For further information see [www.wellcertified.com](http://www.wellcertified.com)

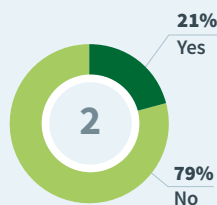
**There are currently no HE WELL standard projects registered in the UK.**

### The Entry Survey

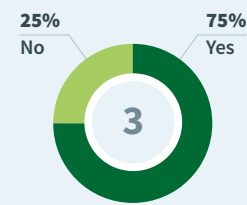
**1 How well do you understand WELL?**



**2 Do you have any live WELL schemes?**

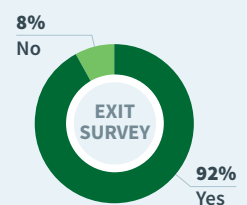


**3 Do you have any plans to use WELL?**



### The Exit Survey

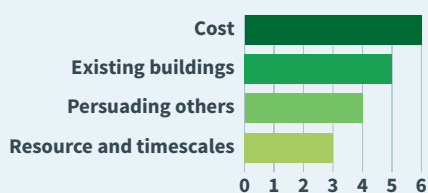
**Has your view and / or understanding of WELL changed following the presentation?**



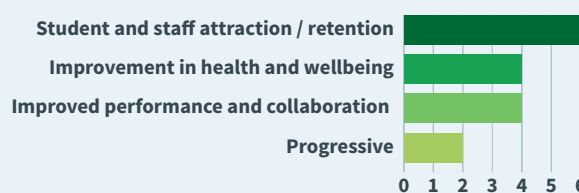
### Delivering WELL Survey

Delegates formed six groups to respond to the following three questions

**1 What are the challenges / obstacles to delivering WELL? (top responses)**



**2 What are the benefits to YOU in delivering WELL? (top responses)**



**3 How will you make WELL work for you?**

**There were no common themes**  
Responses were fragmented, lacked depth and breadth  
Responses represent emerging ideas rather than mature / proven methods

**The current workforce generation ‘expects’ spaces and workplaces to enhance their experience. Commercial tenants are starting to ‘demand’ WELL. Are students starting to do so too?**

### Conclusions

- 1 Delegates gained much from the presentation with 92% improving their knowledge of WELL.
- 2 Delegates reached close consensus on the challenges / obstacles and the benefits of delivering WELL.
- 3 Delegates were unclear on how to make WELL work, i.e. their ‘thinking’ is emerging.
- 4 WELL practitioners should develop a means of measuring the cost and value of WELL certification.
- 5 HEIs could retain and attract staff and students by developing a WELL offering.

### Get involved...

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